

THE CITY OF SPRINGFIELD, MASSACHUSETTS

MAYOR DOMENIC J. SARNO

- HOME OF THE BASKETBALL HALL OF FAME

PROCLAMATION

Whereas,

Millions of people in the U.S. are affected by mental health conditions each year. Across the county, many people work, preform, create, compete, laugh, love and inspire every day. It is important to measure how common it is, so we can understand its physical, social and financial impact- and so we can show that no one is alone; and

Whereas,

Youth and young adults experienced a unique set of challenges during the COVID-19 pandemic-isolation from peers, adapting to virtual learning, and changes to sleep habits and other routines. We must recognize the significant impact of these experiences on young people's mental health- and the importance of providing the education, care and support they need; and

Whereas,

The National Alliance on Mental Illness of Western Massachusetts is available Monday – Friday, 9:00 a.m. - 3:00 p.m. Call 413-786-9139 or email information@namiwm.org.

In a crisis, call or text 988 (24/7).



Therefore, I, Domenic J. Sarno, Mayor

of the City of Springfield, do hereby recognize

May 2024 as



"Mental Health Awareness Month"

In the City of Springfield, and I strongly encourage all of our citizens to take notice of this event and participate suitably in its observance.

" God Bless"

DOMENIC J. SARNO, MAYOR

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