

# City of Holyoke

## Proclamation

**Whereas**, May is Mental Health Awareness Month and May 5-11 is Tardive Dyskinesia Awareness Week; and

**Whereas**, the National Alliance on Mental Illness (NAMI Western Massachusetts) joins the mental health community to reaffirm our commitment to building our understanding of mental health conditions, increasing access to treatment, and ensuring those who are struggling know they are not alone; and

**Whereas**, millions of people in the U.S. are affected by mental health conditions. They work, perform, create, compete, laugh, love, and inspire every day; and

**Whereas**, 57.8 million U.S. adults — 1 in 5 — experience a mental health condition each year, with youth and young adults experiencing unique challenges during the Covid pandemic — isolation from peers, adapting to virtual learning, and changes to sleep habits and other routines. We must recognize the impact of these experiences on young people's mental health and the importance of providing the education, care and support they need; and

**Whereas**, Tardive Dyskinesia is a persistent, involuntary movement disorder associated with prolonged use of antipsychotic medication used to treat mental health conditions that affects 600,000 people in the U.S.

**Now therefore, be it resolved**, that I, Joshua A. Garcia, Mayor of the City of Holyoke, on behalf of all our citizens, do hereby proclaim May 2024 as

## Mental Health Awareness Month

**In Witness Whereof**, I have hereunto set my hand and have caused the Official Seal of the City of Holyoke to be affixed this 6th day of May 2024.

Signature: \_\_\_\_\_

Joshua A. Garcia, Mayor

